

Screen for COVID-19 before you go to school, work, a business, court or other public place. Visit covid-19.ontario.ca and click “[Screen before you go](#)”.

	Waiting for test results	Negative test results	Positive test results
Symptoms AND high risk contact of a case	Continue to self-isolate from others. Household members self-isolate while waiting for your PCR test results.	Continue to self-isolate for 10 days from your last contact to a positive case. FV*Household members do not need to self-isolate. Children who are not FV* should not attend school or child care for the same 10 day isolation period. Other Household members who are not FV* should only leave home for essential reasons (such as attending work, or picking up groceries and prescriptions) for the same 10-day self-isolation period	Continue to self-isolate for 10 days from when your symptoms started, or positive test date if asymptomatic (or as directed by Public Health). Household members must also self-isolate regardless of vaccination status.
Symptoms but NOT a high risk contact of a case	Continue to self-isolate from others. Household members (not FV*) must also self-isolate while waiting for your PCR test results (as per screening tool).	Stop self-isolating 24 hours after symptoms started improving (48 hours for gastrointestinal symptoms). Household members do not have to self-isolate.	
No symptoms but ARE a high risk contact of a case	Continue to self-isolate from others for 10 days regardless of vaccination status. IF the asymptomatic high-risk contact is *FV, household members do not have to self-isolate. If the asymptomatic high-risk contact is NOT *FV, household members who ARE *FV do not have to self-isolate. If neither high risk contact or household member is *FV, the household members must self-isolate pending a Negative PCR test result.	Continue to self-isolate for 10 days from your last contact to a positive case. FV*Household members do not need to self-isolate. Children who are not FV* should not attend school or child care for the same 10 day isolation period. Other Household members who are not FV* should only leave home for essential reasons (such as attending work, or picking up groceries and prescriptions) for the same 10-day self-isolation period	
Received notification of exposure on COVID Alert	Continue to self-isolate from others. If you have symptoms, household members should also self-isolate while waiting for PCR test results.	Symptoms → stop self-isolating 24 hours after symptoms started improving (48 hours for gastrointestinal symptoms). No symptoms → stop self-isolation. Household members do not need to self-isolate.	

*FV = fully vaccinated

How do you get your test results?

- Visit covid-19.ontario.ca and click "[Check your lab results](#)".
- A test result will usually be available in 1-3 days.
- If your test is positive you will be contacted by Public Health OR the Provincial Work Force and they will advise you on how long you will need to self-isolate.

What does a negative test mean?

- The virus was not detected at the time your sample was collected. It does not mean that you will not test positive for, or become sick, or be exposed to COVID-19 at any time after your test.
- To prevent becoming infected with COVID-19, practice physical distancing from others, wear a mask when physical distancing is not possible, wash your hands often, and monitor for symptoms of COVID-19.

What does a positive test mean if you don't have symptoms?

- The test is very effective at detecting any virus. It could represent a new infection or a previous infection.
- You should self-isolate and monitor for symptoms as directed by Public Health.
- Individuals who have previously tested positive within the last 90 days and have been cleared from their infection, should not get another test unless new or worsening COVID-19 symptoms emerge and/or have been directed to by Public Health.

Can the test determine if you had a COVID-19 in the past?

- No. This is not an antibody/serology test. This swab test only determines if you have detectable COVID-19 at the time the test is collected.

Are fully vaccinated travelers exempt from quarantine when they enter Canada?

- Please review travel information at travel.gc.ca.

More about COVID-19

- Some people can be infected and stay symptom-free. Some can test positive and then develop symptoms.
- Whether you have symptoms or not, if you tested positive you are considered infectious and can still pass the virus on to someone else until you have been cleared by Public Health.
- It is important to monitor your symptoms of COVID-19. If your symptoms are worsening and you are concerned, contact your health care provider or Telehealth (1-866-797-0000).
- If you have any severe symptoms, such as difficulty breathing or chest pain, call 911 and tell them you have tested positive for COVID-19.
- Download the COVID alert app from your mobile phone app store to receive notifications of exposures to confirmed COVID-19 persons.

For more information, call Public Health at **1-800-265-7293**, ext. **7006** or visit wdgpublichealth.ca