

## Symptomatic Child Information (Version: Oct 23, 2020)

Dear Parent/Guardian,

On ,

had at least one symptom that may be [caused by COVID-19](#). They reported or showed signs of:

- |                                                                |                                                                     |                                                                               |
|----------------------------------------------------------------|---------------------------------------------------------------------|-------------------------------------------------------------------------------|
| <input type="checkbox"/> Fever and/or chills<br>(= or >37.8)   | <input type="checkbox"/> Sore throat or difficulty<br>swallowing    | <input type="checkbox"/> Nausea, vomiting, and/or<br>diarrhea,                |
| <input type="checkbox"/> Cough or barking cough                | <input type="checkbox"/> Runny or<br>stuffy/congested nose          | <input type="checkbox"/> Extreme tiredness that is<br>unusual or muscle aches |
| <input type="checkbox"/> Shortness of breath                   | <input type="checkbox"/> Headache that's unusual<br>or long-lasting |                                                                               |
| <input type="checkbox"/> Decrease or loss of taste<br>or smell |                                                                     |                                                                               |

### What should you do next?

Are your child's symptoms related to other causes or conditions that are not new to your child (for example, allergies, asthma, anxiety, etc.)

- **IF YES**, your child may return to child care when feeling well and is able to pass the [COVID-19 School and Child Care Screening tool](#).
- **IF NO**, complete the [COVID-19 School and Child Care Screening tool](#) and follow the direction provided.

### Can siblings or other household members go to child care or school?

- Other household members—such as siblings—may attend child care or school as long as they have no symptoms and are able to pass the [COVID-19 School and Child Care Screening tool](#). Continue to monitor for symptoms and isolate immediately if they begin to show symptoms.

### Where can your child get tested for COVID-19?

- You can book an appointment for your child to get tested at a COVID-19 Assessment Centre.
- Visit [wdgpublichealth.ca](http://wdgpublichealth.ca) for the most up-to-date information on the assessment centres in Wellington, Dufferin and Guelph.
- Or visit [covid-19.ontario.ca](http://covid-19.ontario.ca) to find an assessment centre near you.
- If you have questions, call your health care provider or Telehealth **(1-866-797-0000)**.

### How do you get more information?

Visit our website at [wdgpublichealth.ca](http://wdgpublichealth.ca) or call **1-800-265-7293, ext. 7006** to speak to a Public Health Nurse.

# When can **CHILDREN** with COVID-19 Symptoms Return to School/Child Care?

## If child's symptoms are related to other causes that are not new (for example, allergies, menstrual cramps, anxiety, etc.):

Your child may return to school/child care when feeling well and able to pass the [COVID-19 School and Child Care Screening tool](#).

### If child has **ONE** of the following:



- Sore throat or difficulty swallowing
- Runny or stuffy/congested nose
- Headache that's unusual or long-lasting
- Nausea, vomiting, and/or diarrhea
- Extreme tiredness that is unusual or muscle aches

### Next steps are:

- Contact school/child care
- Child should isolate (stay home) for 24 hours
- After 24 hours, if the symptom is improving, your child can return to school/child care when they feel well

If the symptom persists or worsens, continue to stay home and contact your child's health care provider for advice, including if a COVID-19 test is recommended.

### If child has **ONE** or more of the following:

- Fever and/or chills
- Cough or barking cough (croup)
- Shortness of breath
- Decrease or loss of taste or smell

**OR**

### If child has **TWO** or more of the following:

- Sore throat or difficulty swallowing
- Runny or stuffy/congested nose
- Headache that's unusual or long-lasting
- Nausea, vomiting, and/or diarrhea
- Extreme tiredness that is unusual or muscle aches



### Next steps are:

- Contact school/child care
- Child should isolate (stay home)
- A COVID-19 test is recommended
- If you have questions, contact your doctor or a health care provider

## If a COVID-19 test is recommended but child does not get tested:

Your child can return to school/child care after they ISOLATE FOR 10 DAYS and are able to pass the [COVID-19 School and Child Care Screening Tool](#).

- If a health care provider has diagnosed your child with a condition that isn't related to COVID-19, they can return to school 24 hours after their symptoms improve

### If child tested negative for COVID-19:

Your child can return to school/child care if ALL the following apply:

- Child does not have a fever AND
- It has been at least 24 hours since child's symptoms started improving AND
- Child was not in close physical contact with someone who currently has COVID-19

Documented proof of the negative test result is not required to return to school/child care

### If child tested positive for COVID-19:

Your child can return to school/child care following the guidance from public health

## What about siblings or other household members?

Siblings and other household members may attend school/child care as long as they are able to pass the [COVID-19 School and Child Care Screening tool](#). They should be monitored for symptoms and isolate if they begin to show symptoms.

\* Based on your child's case, you may get additional guidance from public health.

For more information, visit [wdgpublichealth.ca](http://wdgpublichealth.ca)