Rabies Prevention and Control in WDGPH



Rabies Virology

- Zoonotic disease of mammalian species humans are incidental hosts
- Most severe acute viral infection of humans, with a case fatality rate of almost 100%.
- Transmitted by a bite, scratch and infected saliva with mucous membrane
- Migration of virus to CNS via the peripheral nerves

Human Cases in Canada / Ontario

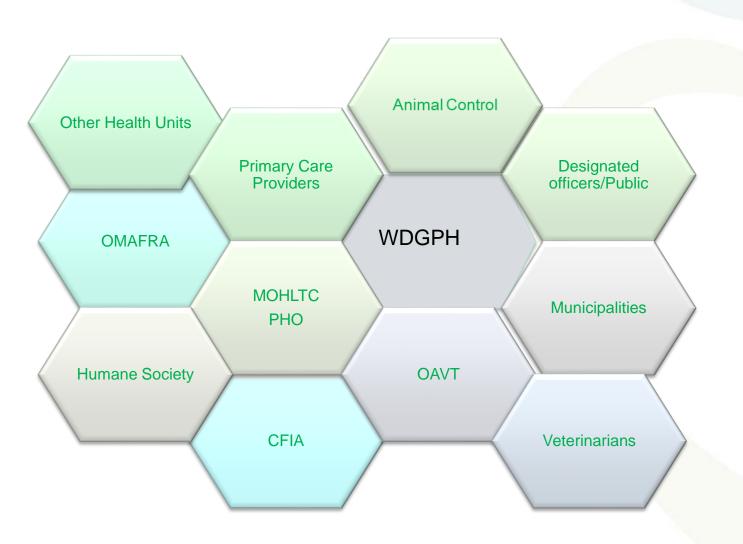
- Human rabies extremely rare disease in Canada. Between 1924 and 2024, 26 people in six provinces died of rabies; Quebec (12), Ontario (6), Saskatchewan (2), Alberta (2), British Columbia (3) and Nova Scotia (1).
- The recent case of human rabies that was <u>acquired in</u> Ontario occurred in Sep 2024 in Brant County and another human case occurred in 2012 that was acquired while travelling outside of Canada
- In Ontario, bats currently pose the biggest threat of transmitting the virus to humans.
- Dog exposures are the greatest risk for returning travelers and wildlife species eg bats, racoon, skunk and fox

Rabies Control Strategies

In Ontario, four main strategies have been used to prevent rabies cases in humans:

- 1. Public Health <u>messaging</u> informing people to avoid contact with wild animals.
- 2. <u>Wildlife rabies control programs targeting skunks</u>, raccoons and foxes. (note: no program for bat rabies)
- 3. Vaccinating <u>bridge vectors</u> such as dogs, cats, other pets, and farm animals.
- 4. <u>Human Rabies Post-Exposure Prophylaxis</u> (RPEP), and Pre-Exposure Prophylaxis

Partners In Rabies Control



Rabies Post-Exposure management approach

- Immediately clean the wound with soap and water. The wound should be flushed out for approximately 15 minutes.
- Suturing the wound is not advised.
- Viricidal can be applied (such as alcohol solutions or iodinebased solutions) (PHO, 2021)
- Tetanus prophylaxis and antibiotics as appropriate
- A course of <u>four rabies vaccines</u> as well as <u>rabies immune</u> <u>globulin</u> (RIG).
 - Decision based on <u>risk assessment</u> Canadian Immunization Guidelines, and the Guidance Document for the Management of Suspected Rabies Exposures (Public Health Division, MOHLTC 2020)

Animal Exposure Reporting

- Rabies is a reportable disease in Ontario as per HPPA.
- When a suspected exposure to rabies occurs, the case must be reported to WDG Public Health, which is available 24/7.
- WDG Public Health will investigate, provide a risk assessment, and recommend rabies post-exposure prophylaxis, as needed.

How to Report Animal Exposure/Bite

- Fax completed Animal Exposure Reports
 (Animal Exposure Report) to Reportable
 Diseases fax line at 1-855-WDG-LINE (1-855-934-5463).
- Phone: 1-800-265-7293 ext. 4753 or 7006, to report animal exposure and any questions about rabies.

Duty to Report Animal Exposure

Ontario Regulation 557/90 (O. Reg 557/90) sets out the duty to report animal bite and contact information:

- A physician, registered nurse in the extended class, veterinarian, police officer or any other person who has information concerning either or both of the following shall, as soon as possible, notify the medical officer of health and provide the medical officer of health with the information, including the name and contact information of the exposed person:
 - 1. Any bite from a mammal.
 - 2. Any contact with a mammal that is conducive to the potential transmission of rabies to persons.

Animal Exposure Report

Complete and Fax A	SAP to: 1-855-934-5463
Reporting Agency:	
	Date:
Phone Number:	Date of Incident:
Owner/Animal Information	Victim Information
Owner Name:	Name of Guardian:
Check box if rabies post-exposure prophyl	axis started at hospital 🗆
Emiloganio Emperio de Estamo de	Lot: Exp: Number of Vials: Lot: Exp: Number of Vials:

Key Takeaways

- Rabies is a deadly disease
 - Human rabies from dog and other animal exposures in returning travelers
- Rabies is presently rare in Ontario in domestic animals.
- Bat rabies remains a threat 16.5 percent bat specimen submitted tested positive for rabies.
- Rabies post-exposure prophylaxis is based on risk assessment, in consultation with Public Health
- WDG Public Health provides consultation, rabies vaccine & RIG, follow up with animal exposures, and assistance with specimen testing
- Report all animal exposures to Public Health as soon as possible.



How to Contact Us

Phone: 1-800-265-7293 ext. 4753 or

7006

Email: PHI.Intake@wdgpublichealth.ca