

How to Wear a Surgical Mask

Staff and visitors must wear a mask at all times



WASH YOUR HANDS
BEFORE WEARING A MASK

OR USE ALCOHOL-BASED
HAND RUB WITH 60-90%
ALCOHOL CONCENTRATION



ENSURE THE COLOURED
SIDE OF THE MASK FACES
OUTWARDS



LOCATE THE METAL BAND
AND PLACE IT ON THE
NOSE BRIDGE



SECURE THE ELASTIC
LOOPS OVER YOUR EARS
IF USING A MASK WITH
TIES, SECURE OVER
CROWN OF HEAD FIRST,
THEN NEAR NAPE OF NECK



COVER MOUTH, NOSE AND
CHIN FULLY, MAKING SURE
THERE ARE NO GAPS

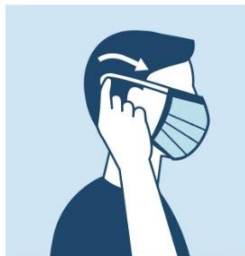


PRESS THE METAL BAND TO
FIT THE SHAPE OF THE NOSE



WASH YOUR HANDS
BEFORE REMOVING MASK

OR USE ALCOHOL-BASED
HAND RUB WITH 60-90%
ALCOHOL CONCENTRATION



REMOVE THE MASK FROM
BEHIND BY ONLY HOLDING
THE EAR LOOPS

IF USING A MASK WITH TIES,
REMOVE THE BOTTOM TIE
FIRST, THEN THE TOP TIE



DISPOSE OF MASK IN THE
GARBAGE

IF BEING REUSED, STORE IN
A PAPER BAG



WASH YOUR HANDS

OR USE ALCOHOL-BASED
HAND RUB WITH 60-90%
ALCOHOL CONCENTRATION



SURGICAL MASK PLACED CORRECTLY

DO NOT PULL MASK UNDER YOUR CHIN OR ON TO
YOUR NECK; DO NOT HANG MASK FROM YOUR EAR



DO NOT TOUCH THE MASK
WHILE WEARING IT;
IF YOU DO
WASH YOUR HANDS



REPLACE THE MASK IF IT
GETS DAMP AND DO NOT
REUSE IT

For universal masking and conservation of PPE:

REPLACE MASK IF IT GETS
VISIBLY SOILED, WET,
DAMAGED, DIFFICULT TO
BREATHE THROUGH,
MADE CONTACT WITH A
RESIDENT, OR WAS USED
WITH A RESIDENT (OR A
COHORT OF RESIDENTS)
ON CONTACT/DROPLET
PRECAUTIONS

**To protect yourself, please practice physical
distancing and wear additional PPE when indicated.**



PublicHealth
WELLINGTON-DUFFERIN-GUELPH
Stay Well.

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How to Wear a Non-medical (Cloth) Mask

Staff and visitors must wear a mask at all times



WASH YOUR HANDS
BEFORE WEARING A MASK

OR USE ALCOHOL-BASED
HAND RUB WITH 60-90%
ALCOHOL CONCENTRATION



SECURE THE ELASTIC
LOOPS OVER YOUR EARS

IF APPLICABLE, PLEATS ON
OUTER SIDE FACING DOWN

IF USING A MASK WITH
TIES, SECURE OVER
CROWN OF HEAD FIRST,
THEN NEAR NAPE OF
NECK



COVER MOUTH, NOSE AND
CHIN FULLY, MAKING SURE
THERE ARE NO GAPS



WASH YOUR HANDS
BEFORE REMOVING MASK

OR USE ALCOHOL-BASED
HAND RUB WITH 60-90%
ALCOHOL CONCENTRATION



REMOVE THE MASK FROM
BEHIND BY ONLY HOLDING
THE EAR LOOPS

IF USING A MASK WITH TIES,
REMOVE THE BOTTOM TIE
FIRST, THEN THE TOP TIE



PUT THE MASK DIRECTLY INTO
THE WASHING MACHINE OR A
PLASTIC BAG FOR CLEANING

IF BEING REUSED, STORE IN A
PAPER BAG



WASH YOUR HANDS

OR USE ALCOHOL-BASED
HAND RUB WITH 60-90%
ALCOHOL CONCENTRATION



MASK PLACED CORRECTLY

DO NOT PULL MASK UNDER YOUR CHIN OR ON TO YOUR
NECK; DO NOT HANG MASK FROM YOUR EAR



DO NOT TOUCH THE MASK
WHILE WEARING IT;
IF YOU DO
WASH YOUR HANDS



REPLACE MASK IF IT GETS
VISIBLY SOILED, DAMP/WET,
DAMAGED, DIFFICULT TO
BREATHE THROUGH OR
MAKES CONTACT WITH A
RESIDENT.

To protect yourself, please practice physical distancing and wear PPE when providing direct care. A non-medical (cloth) mask is **NOT PPE.**



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