



IMPORTANT HEALTH ALERT UPDATE

The drug poisoning health alert that was issued June 3, 2025 has been updated due to a continued rise in incidents in our community.

- Last week, **8 drug poisoning incidents were reported** (May 29 to June 3)
- This week, **9 additional incidents have been reported to date** (June 4 to 9)
- This highlights the **continued toxicity and unpredictability** of the unregulated drug supply currently circulating. Substances may not be what individuals expect, increasing the risk of harm or death. Poisonings with this current supply are showing heavy sedation even after naloxone is given. After naloxone is given, check that the person is breathing regularly. If they are very sedated but still breathing, gently encourage steady breaths to help prevent their breathing from slowing down further before further assistance arrives.



REDUCE YOUR RISK

While the Consumption and Treatment Service (CTS) at the Guelph Community Health Centre (CHC) is now closed, strategies and supports are still available.



- **Test your substances:** Test strips are available from Sanguen, Royal City Mission and WDG Public Health. A drug testing machine is also located at Guelph CHC at 176 Wyndham St. N.
- **Carry naloxone:** Naloxone is available and free at WDG Public Health, local pharmacies, the downtown library, and Guelph CHC.
- **Avoid using substances alone:** Call the National Overdose Response Services (NORS) at 1-888-688-NORS (6677) if you're by yourself.
- **Start low, go slow:** Use only a small amount of any new or unfamiliar substance.
- **Share harm reduction information and resources**
- **Connect to substance use and mental health supports**

Visit wdgpublichealth.ca/harmreduction