

## Guidance for Children/Staff who are High Risk Contacts of a Confirmed Positive COVID-19 Case

\*Children/staff who are high-risk contacts (HRC) of a positive COVID-19 case will receive a letter from Public Health with guidance and directions.

**Purpose:** To be used when anyone in the household receives notification from Public Health that they are a high-risk contact of a confirmed COVID-19 case. All HRC must self-isolate immediately.

**Resources:** [COVID-19: How to Self-Isolate](#) & [COVID-19: Self-isolation: Guide for Caregivers, Household Members and Close Contacts](#)

### If HRC individual has symptoms

- HRC must remain home and self-isolate for 14 days from last exposure/contact with positive case.
- HRC is recommended to go for COVID-19 testing immediately.
- Follow the direction provided in the letter from Public Health about when they can return to school/childcare/work.
- Must be able to pass screening tool before returning.

**Any household members of a symptomatic HRC must also self-isolate until test results return for symptomatic individual.**

### If HRC individual does not have symptoms

- HRC must remain home and self-isolate for **14 days** from last exposure/contact with positive case.
- HRC is recommended to be tested for COVID-19 **on or after day 7** of self-isolation period.
- Follow the direction provided in the letter from Public Health about when they can return to school/childcare/work.
- Must be able to pass screening tool before returning.

**Any household members of an asymptomatic HRC must stay home for the duration of isolation period except for essential reasons (school/childcare/work/groceries/medical).**

**Please note: household members who are unable to isolate from the HRC (i.e. due to age of child, layout of house, etc.) must self-isolate for the 14 days as well and cannot leave for essential reasons.**

### If HRC individual tests positive for COVID-19

- HRC who tested positive for COVID-19 must follow directions from Public Health (i.e. self-isolate for 10 days from symptom onset [or test date]).

**Any household members of a HRC who tests positive for COVID-19 must self-isolate for 14 days from last exposure/contact with the individual who tested positive.**

**Household members are recommended to go for a COVID-19 test immediately, and if receive a negative test result, recommended to re-test on or after day 10 of isolation.**