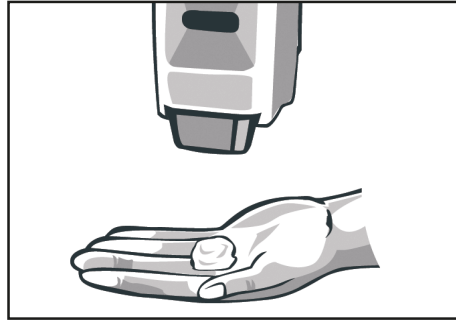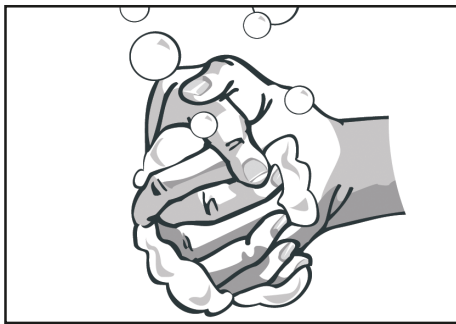# Handwashing with soap and water

Wash your hands to prevent cross-contamination

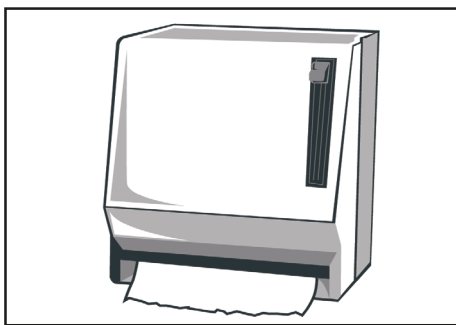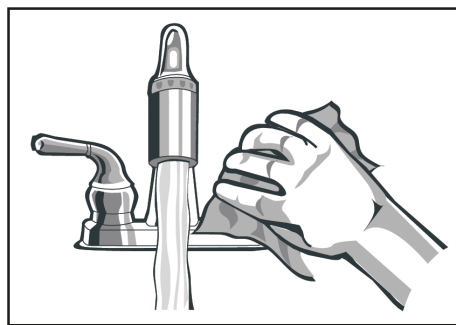**1. Wet hands**

2. Soap

3. Lather

4. Rinse

5. Towel dry

6. Turn taps off with towel

Adapted with the permission of York Region Community and Health Services

PublicHealth
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