

# COVID-19

Do you have any of the following symptoms:

Updated Jan. 15, 2021



1. **Fever**  
**>37.8°C or chills**



2. **New or**  
**worsening**  
**cough**



3. **Difficulty**  
**breathing**



4. **Sore throat,**  
**trouble**  
**swallowing**



5. **Runny or**  
**stuffy nose**

(in absence of  
underlying reasons  
such as allergies,  
post nasal drip, etc.)



6. **Loss of taste**  
**or smell**



7. **Not feeling well**



8. **Nausea, vomiting,**  
**diarrhea**

If you have any of the above symptoms, it is important to tell your employer and isolate away from others.

Adapted with permission from Toronto Public Health