

Wellington-Dufferin-Guelph Public Health COVID-19 Guidance for Schools

Additional tips for hand hygiene

What to do?



- Post signs/posters in classrooms, washrooms and hallways
- Ensure washrooms are adequately supplied with liquid hand soap, paper towels and/or hand dryer and a garbage pail
- Ensure alcohol-based (60-90%) sanitizer is available in every classroom
- If there is a sink in the classroom ensure it always has liquid hand soap and paper towels
- Limit sharing of classroom objects/items
- Allow regular hand washing/sanitizing breaks for students

What to say?



Provide age-appropriate instruction on:

- How to cover sneezes and coughs
- How to wash hands and use hand sanitizer
- When to wash hands/use hand sanitizer

Remind students to:

- Not share their belongings with other students (examples: pencils, food, phones)
- Not touch their face
- Not touch other people's personal items (examples: face masks, water bottles, phones)

How to do it?



Wash hands

- Wet your hands
- Apply soap
- Wash for 20 seconds
- Rinse
- Dry hands with paper towel or hand dryer

Hand sanitizer

- Apply hand sanitizer to hand
- Rub sanitizer all over hands for 20 seconds
- Adult supervision for children under 6 years old

Cover coughs/sneezes

- Cough or sneeze into elbow or tissue
- Throw tissue in garbage
- Wash or sanitize hands

When to do it?



Encourage students to wash/sanitize hands:

- Upon arrival at the school and before leaving the school
- Before and after eating
- Before and after using shared objects or touching common surfaces
- Before and after touching face
- Before and after putting on/removing/touching face masks
- After using the toilet
- After blowing nose, coughing or sneezing