

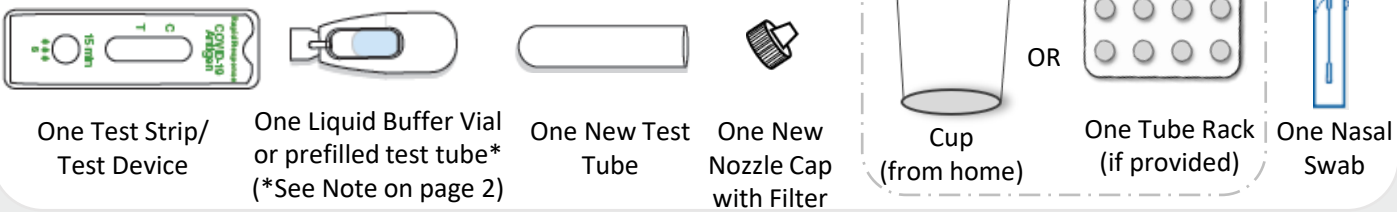
# How to test yourself with BTNX Rapid Response™ COVID-19 Antigen Rapid Test At Home

This handout explains how to use the BTNX Rapid Response™ COVID-19 rapid antigen test kit on yourself. **Before you start:**

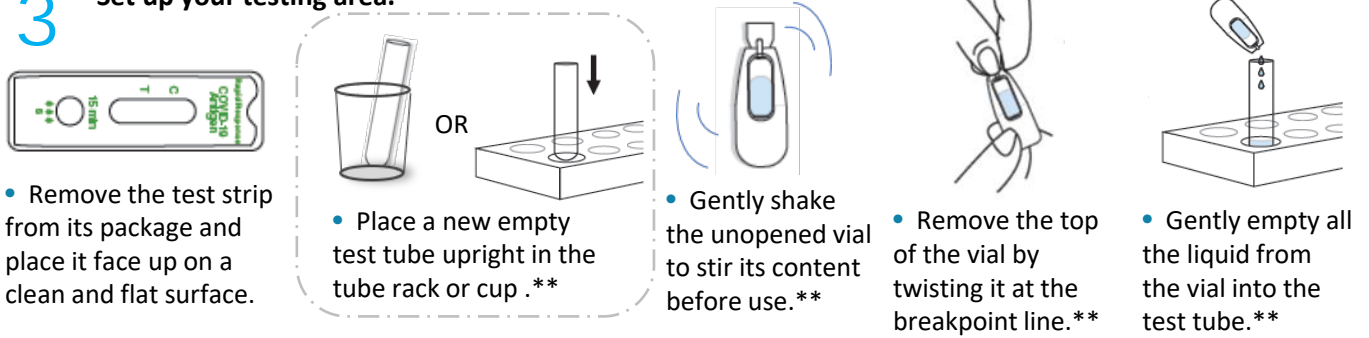
- If you have ANY COVID-19 symptoms or if you have been exposed to someone with COVID-19, **do NOT** use this test kit, and instead get tested at an assessment centre or community lab ([COVID-19 testing locations \(ontario.ca\)](https://www.ontario.ca/covid-19-testing-locations)).
- Make sure your kit has all components needed (see Step 2) and that none of the materials are expired or damaged.
- To make mini screen kits, please refer to “BTNX Rapid Response™: How to Create Mini Screen Kits for At-Home Self-Screening”.
- Store the kit and its content at room temperature (not in the fridge or freezer) and away from direct sunlight.
- Find a clean area free of foods, drinks, or clutter, and easy to clean in the event of a spill.
- During the test do not eat, drink, smoke, vape, put in contact lenses, put on make-up, or touch your face in any way.
- This test is for your own use only, unless you are a parent/guardian whose child is being tested.

**1 Blow your nose and then wash your hands** for at least 20 seconds.

**2 Assemble the materials in the kit for your test.** This includes:

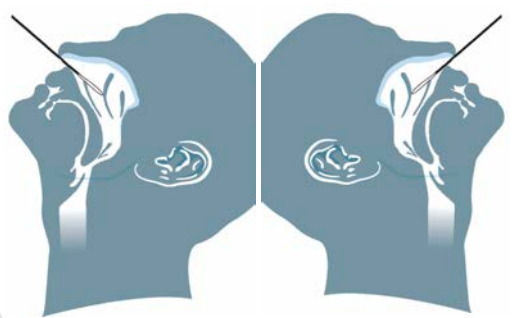


**3 Set up your testing area.**



\*\*Sites receiving mini-kits of the BTNX Rapid Response™ COVID-19 Antigen Rapid Test will receive a pre-filled tube of liquid buffer. Remove the nozzle cap on the top of the test tube and place upright in a cup. SKIP TO STEP 4.

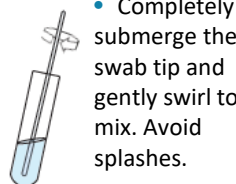
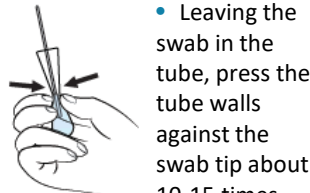
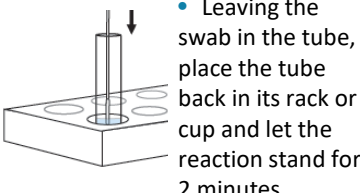
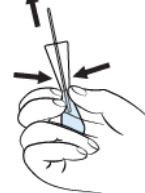
**4 Swab both nostrils.**




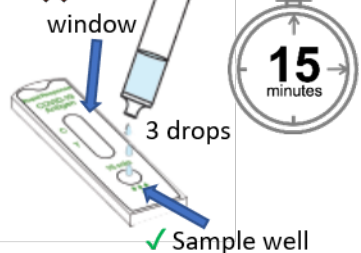

- Remove the swab from its package, keeping the swab tip away from your hands or any other surfaces.
- Tilt your head back and insert the swab straight back (not up) into one nostril. Stop when you meet resistance or when you reach 2.5 cm (distance is shorter in children < 12 years old).
- Turn the swab against the inside of your nose 5-10 times.
- Remove the swab and repeat same steps in the other nostril.

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## 5 Mix the sample with the liquid in the tube.


- Completely submerge the swab tip and gently swirl to mix. Avoid splashes. 
- Leaving the swab in the tube, press the tube walls against the swab tip about 10-15 times. 
- Leaving the swab in the tube, place the tube back in its rack or cup and let the reaction stand for 2 minutes. 
- Pinch the tube using a single hand and pull the swab out of the tube with the other. 
- Discard the swab in the garbage.

## 6 Perform the test and wait 15 minutes before reading your results.


- Firmly attach nozzle cap to the test tube. Make sure the nozzle cap is attached correctly to avoid leakage. 
- Turn the tube upside down over the circle sample well on the test strip and gently squeeze the tube to put 3 drops into the sample well (**DO NOT** put drops in the result window). 
- Set a timer for 15 minutes.\* 

\*Do NOT read results before 15 minutes or after 20 minutes as it may give inaccurate results.

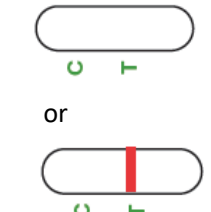
## 7 Read your results. It does not matter which line appeared first or how faint the lines look.



- If only the control line (C) is present, the result is **negative**.



- If both control line (C) and test line (T) are present, the result is **positive**.



- If the control line (C) is not present, result is **not valid** (i.e., the test is not working).

## 8 Act on your result quickly.

- If your result is **negative**, it is less likely that you have COVID-19. You may resume your daily activities while continuing to follow all public health advice.
- If your result is **positive**, you may have COVID-19 and should get a laboratory test at an assessment centre or community lab as soon as possible to confirm your result. Immediately self-isolate until you receive your laboratory test result.
- If your test is **not valid**, repeat the test using a new swab and test strip. You will need to swab your nose again according to the instructions.

## 9 Dispose of test materials in the garbage and wash your hands. Do not reuse materials (except for the tube rack).

### Additional Resources

- [COVID-19 Self-Assessment Tool](#)
- [Self-tests: COVID-19 test and testing location information](#)
- [Testing Yourself for COVID-19](#)

\***Note:** The buffer (liquid) can irritate (bother) your eyes and skin. The liquid is **toxic** if swallowed. If the buffer accidentally touches your skin, wash area with plenty of water. If buffer gets in your eyes or mouth, rinse with plenty of water for 15 minutes and contact your healthcare provider or the Ontario Poison Centre at 1-800-268-9017 or 416-813-5900.