

FACING FEAR TOGETHER: A WORKBOOK TO HELP TEENS WITH NEEDLE FEAR!

We are looking for **adolescents** (12-18) and their **caregiver** (18+) to use a set of workbooks to help with **needle-related fear, pain, and fainting**.



To take part, you must:

- live in Canada or the USA
- have English proficiency
- have a Canadian or USA phone number
- have internet and a device for audio-video conferencing access
- be willing to keep video on during the virtual interview

What would I be asked to do?

Complete a:

- brief screening questionnaire (~5 minutes)
- brief virtual meeting to confirm eligibility and answer questions about your experience (~15 minutes)
- use the workbooks (~2-4 hours)
- complete a post-usage survey and attend a 45-60 minute virtual interview about your feedback



No
needles
required!

Adolescents and their caregiver will **each** get to select **up to** \$25 CAN/\$20 USD in a gift card

If you're interested, please complete the brief screening questionnaire:



https://uoguelph.eu.qualtrics.com/jfe/form/SV_6gQnZOHSLQR7SD4

Any questions, please contact Emma Truffyn at:

pphc.res@uoguelph.ca



If you heard about this study through an organization, your decision about whether to participate will not impact your services, funding, or employment. This project (REB#: 2570) has been reviewed by the University of Guelph Research Ethics Board for compliance with federal guidelines for research involving human participants.